

Educate Your Eye Clinic

Saturday, October 19th at 11:00

CADORA Inc. AGM

Guest Speaker – Colleen Kelly:

Rider Biomechanics: Improving Your Posture, Seat and Aids for Dressage

Sunday, October 20th at 9:00 AM

at Bonita Stables, 1531 Munro Rd. Sidney

Don Barnes: *Introduction to Judging a Dressage Test*

RIDDEN TESTS/MOVEMENTS
CLINIC PARTICIPANTS' SCORES
CRITIQUE & DISCUSSION

with

DON BARNES

&

COLLEEN KELLY

Coaching & Judging upgrading credits. Cost: \$25.00

Contact Donna Burr Tel. 250-888-7279 or email: burrdm@yahoo.com

(Note: The judging up-grading credits awarded refer to **provincial** judging status)

Don Barnes is a Senior Canadian Judge and
experienced Educate Your Eye Clinician

Colleen Kelly is an Australian Judge and

internationally known expert on rider Biomechanics

Monday, October 21st

LESSONS WITH COLLEEN KELLY

at Bonita Stables

Private - \$ 90.00 Semi-Private - \$70.00 Group - \$ 50.00

Contact: Donna Burr Tel. 250-888-7279 or email: burrdm@Yahoo.com

AIR CANADA 

The Air Canada Rider Biomechanics 2002 World Lecture Series



Meet the Speaker...



Colleen Kelly surprised the dressage world by receiving an *unheard of* score of 100% in the Dressage Judge's Official Examination.

Colleen Kelly, MISBS, MISRE, NCAS/FEA Official Dressage Judge (*Real!*) began her career in exercise physiology specialising in weight & balance training of elite athletes.

Now, some 25 years later, Colleen is one of the most sought-after lecturers around the world, and has been invited to speak conferences, universities and at the world's most prestigious events hosted by the Official Equestrian Federations of both Australia, New Zealand and Canada.

Although internationally recognised as the world leader in rider posture, seat and balance, Colleen's terrific brand of " Aussie Humour" combined with accelerated learning techniques (*visual, auditory and kinesthetic teaching*) allows the injured rider, or nervous athlete returning to competition to relax and *enjoy* learning.

Colleen's pupils are winning at FEI level around the world, and "The Clock System" has taken the competition world by storm.

101 Ways to Improve Your Riding

2002 TOUR DATES

Red Deer, Alberta
27 & 28 September, 2002

"Improving Rider Balance"
Fri Evening Lecture. Sat morning Demonstration. Suitable for young riders, coaches & judges. Fundraising benefits the Alberta PC, Central Area.

Bookings: Ingrid Plouffe Bowie - ingridplouffebowie@yahoo.com
Jackie Kessler - handinfeet@shaw.ca

Alberta North
4 & 5 October, 2002

"101 Ways to Improve Straightness"
Friday Evening Lecture. Sat Morning Demonstration. Fundraiser in support of the Alberta PC, Northern Area.

Bookings: Linda Chan - lchan2002@camofan.ca
Laura Sobkow - lsobkow@stratpost.com

Port McNeill, B.C.
25 & 26 October, 2002

"101 Ways to Improve Your Riding"
Fundraising proceeds to Ports North Pony Club.

Bookings: Pat De Leenheer - pdeleen@mail.island.net
Lynn Helm - www.helm.com
Colleen Kelly - kcolleen@shaw.ca
Terry Eschke - meschke@hotmail.com

From the CD TRAINING SERIES
"LISTEN WHILE YOU RIDE"



101 Ways to Improve Your Riding, Coaching & Judging

Months of Training Information for only \$24.95 Plus \$4.50 postage & handling

CD and Video Orders - Contact colleenkelly_biomechanics@hotmail.com

CADORA - Victoria, BC
19 & 20 October, 2002

GUEST SPEAKER
CADORA
Annual General Meeting
Plus - a **WORLD FIRST**
Joint Session with Mr. Don Barnes
"Educate Your Eye" to FEI LEVEL.

Mr. Barnes is a highly respected Senior Dressage Judges and President of CADORA.

Donna Burr - doburr@shaw.ca
Don Turner - dturner@shaw.ca

Equitana - Brisbane
16 to 24 November, 2002

16 to 24 November, 2002
World's Largest Equine Convention.
"Improving Rider Balance"
"Improving Paces, Submission & Impulsion"
"Improving Straightness"

Private Lessons
Available at
Some Venues

VICTORIA BC
"EDUCATE YOUR EYE" CLINIC \$25
LESSONS AVAILABLE OCTOBER 21
CONTACT 888-7279
CLINIC & LESSONS AT: BONITA STABLES
1531 Munro Rd. North Saanich

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